

SEPTEMBER | 2023

East Knox Elementary



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 Dominos Fresh fruit and veggies Milk
LABOR DAY	5 Chicken Patty/bun Green Beans Pears Milk	6 Soft taco Black beans Applesauce Milk	7 Boneless chicken wings Potato wedges Pineapple Milk	8 Pizza Quesadilla Fresh fruit and veggies Milk
11 Chicken strips Scalloped Potatoes Peaches Milk	12 Chili cheese nachos Broccoli Fruit cup Milk	13 Hot dogs Baked beans Tropical Fruit Milk	14 Spaghetti/meat sauce Garlic bread Green beans Mandarin Oranges Milk	15 Mozzarella sticks/ marinara Fresh fruit and veggies Milk
18 Popcorn chicken Mashed Potatoes/gravy Pears Milk	19 Quesadilla Carrots Applesauce Milk	20 Macaroni & Cheese Broccoli Fruit Cocktail Milk	21 Ravioli Salad Garlic bread Pineapple Milk	22 Pepperoni/cheese pizza Fresh fruit and veggies Milk
25 Chicken Sticks Corn Peaches Milk	26 Walking Taco Refried beans Fruit cup Milk	27 Mini corn dogs Green Beans Tropical Fruit Milk	28 Chicken drumstick/roll Mashed Potatoes/gravy Mandarin Oranges Milk	29 Dominos Fresh fruit and veggies Milk

News

Offered Daily:
Chef salad with
croutons

PB&J with a
cheesestick

Prices:
Lunch: \$2.25
Milk: .50
Adult: \$3.25
Reduced: .00

Menu is subject to
change

Breakfast is free to all
students

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